

1. Group/Organisation Information

Group/Organisation name:YoMo Calton Workshops

Person Responsible:Linda McGlynn.....

Address:St Mungo's

Phone:07796464442

Email:linda@yomo-online.co.uk

Is your group/organisation constituted? **YES**

If so, please give further information, ie. Charity Number etc.SC038030

If another organisation is supporting your proposal please give information below.

Organisation name: YoMo Young Mover

Address:39-41 Conisborough Rd

Email:info@yomo-online.co.

Phone number:07796464442.....

Contact person:Linda McGlynn.....

Charity Number:SC038030.....

2. About your proposal (please feel free to add extra sheets if necessary)

Proposal title:Calton Health Living Workshops

Tell us about your proposal - What will be done, who will do it, where will it take place, how long will it run for, how do you know that it is needed?

.....Young People want to learn more about health food and how to make health food on a budget. Once they have developed these skills they will create workshops and deliver these workshops to other young people across Calton in schools and community groups.

The YoMo Calton workshop group is based in St Mungo's school on a Thursday night; all of the young people involved are from low income families and have been involved in "Children's Future Food inquiry" on child food poverty.

The group will develop the skills and create the workshop at the Thursday night club but the workshop will be available for other groups across the area. Young people want to do something practical to raise awareness of Child Food Poverty.

YoMo has worked with The Food Foundation and Fixers to take part in the Westminster and Holyrood debates with ministers due to the grown concerns around the impact poverty has on the diets, health, development and wellbeing of children and young people.

The young people at our Calton group are keen to develop this project due to their lived experiences and the involvement in the "Children's Future Food Inquiry"

These workshops will raise awareness of the issues around food poverty and give practical skills for cooking health eating.

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Who in Calton Ward will benefit, and how?

The 30 plus young people involved in the club will increase their skills in health eating and cooking on a budget they can take the skill they develop back to their families.

100 Young People will increase their understanding on child food poverty.

All young people will receive Dynamic Youth or Youth Achievement awards for their involvement in the project.

The local community will benefit from the project with a peer education approach through the food poverty workshops and the cooking workshops.

Young people can do demonstrations at community events to increase the communities' awareness of these issues.

The community will have young people engaging in a project that benefits themselves as well as the wider community.

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Start date: ...22nd August 2019..... End date:20th March 2020.....

3. About your proposal costs

Please split your costs into:

- a) Capital (ie. Building costs, equipment)
- b) Operating/revenue (ie staff costs, running costs)

Please note that capital costs cannot be more than £62, 500 and operating/revenue costs cannot be more than £10, 000.

Item	Cost
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Capital costs	6 small portable cookers & cooking equipment	£2,000
Operating costs	Food Hygiene Course Staff costs 120 hours @ £15.00 per hour Volunteer Travel Costs (one of the young people is a wheelchair user and need travel costs) Food for Cooking sessions 25 sessions	£1,000 £1,800 £ 500 £1,250
TOTAL BUDGET		£6,550

Have you secured, or applied for, any other funding to deliver the proposed project? **NO**

Please let us know more about other funding you have, are applying for, or are expecting to have?

.....N/A.....

4. Does your organisation or group have a bank account with a least 2 unrelated signatories?
 Yes

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5. Are the staff and any volunteers who will be involved in delivering this proposal (if it was chosen through the public vote to be funded) registered with the Protecting Vulnerable Groups Scheme?

YES.....

6. Do you have adequate insurance cover for this proposal?

.....YES

7. Your Declaration

If this proposal is funded, I will take full responsibility for the payment made on behalf of all those involved.

Signature: Linda McGlynn
Date: 25/2/19

Please return all completed forms to: Rllett@cpagscotland.org.uk (note the R and I are capital letters, the rest is lower case)

or by mail to: Rosie Ilett, Child Poverty Action Group in Scotland, Unit 9 Ladywell Business Centre, 94 Duke Street, Glasgow G4 0UW

If you need any help – please phone Rosie on 0141 406 5050 or 0141 552 3303 – leave message if needed.

